



## Self-Assessment Questionnaire

Over Thirty Baseball, Inc. cares about the safety of our players, umpires and visitors, and we are monitoring coronavirus COVID-19 and following all guidelines from health organizations. To ensure a safe and healthy playing environment, we ask that you carefully complete this self-assessment.

### Persons Who Should Complete this Self-Assessment:

1. All players, umpires and visitors should review this assessment:

Before coming to attend our games, practices or meetings.

### Do ANY of the following currently apply to you?

- Fever (greater than 37.3°C/99.1°F) **and** other symptoms, such as respiratory symptoms, dry cough or shortness of breath, headache, muscle aches and pains, chills, sore throat or other unexplained severe illness
- Possible contact with someone who is confirmed to have COVID-19 or is suspected of having COVID-19 defined as:
  - Direct member of your family or immediate household (spouses, parents and dependents as well as any individual with whom you reside)
  - Direct member of your work group (coworker with whom you have prolonged (15 minutes or longer) and close (within 3 feet or 1 meter) contact)
  - Someone who recently returned (within the last 14 days) from a [US CDC Level 3](#) Warning countries (see US CDC for updated list)
- Travel to a US CDC Level 3 Warning country (see [US CDC](#) for current list)

If the answer to any of the above is YES and:

- **You have developed symptoms of COVID-19 - You may have had exposure to the infectious agent. We are directing you to seek medical attention and remain away from OTB activities for 10 days following resolution of symptoms.**
- **You have not developed symptoms of COVID-19 - We are directing you to remain away from OTB activities for 10 days following your last possible exposure to the infectious agent.**

If, on the basis of this self-assessment, it is not appropriate for you to attend an OTB event please contact your manager and communicate your absence.