



Over Thirty Baseball, Inc. Covid 19 Specific Game Guidelines

General Requirements:

- All players, umpires and visitors are asked to maintain social distancing of 6ft/2m whenever feasible.
 - Greetings such as shaking of hands or other greetings that do not allow for the 6ft/2m social distance not allowed.
- All players, umpires and visitors are asked to complete below self-assessment and follow the guidelines provided.
- All players, umpires and visitors are asked to wear face coverings at all times when they cannot maintain 6 foot distancing.
- Implement Passive Screening at all locations. Managers should observe players at all times and evaluate players with symptoms. Any player exhibiting symptoms should be reviewed and directed to leave the field unless symptoms are a result of a known condition.
- If local regulations are more stringent than these guidelines, local requirements must be followed.

Playing Field

- Umpires shall call balls and strikes from behind the catcher however will wear a face covering. Base umpires shall remain at least six feet away from all play whenever feasible.
 - First basemen are asked to wear face coverings when holding a baserunner on base.
 - Batters are required to wear face coverings while batting.
- Shared Water coolers shall not be used during games. Players shall be responsible for bringing their own water to stay hydrated.
- Catching equipment shall not be shared. Bats should be sanitized if shared.
- No seeds or chewing tobacco allowed. Spitting strongly discouraged.